# Cam Woodfield Junior School EARLY HELP OFFER

'Together we learn, laugh and grow to be the best we can be'



#### Early Help is about children, young people and families getting the right help at the right time.

Early help is about identifying the right support for children, young people and their families as soon as problems emerge. It is also about identifying support at all stages of a child's life; pre-birth, childhood and or adolescence. The purpose of early help is to prevent issues and problems becoming serious and harmful to the child and their respective family and community.

Cam Woodfield Junior School recognises the importance of identifying and providing Early Help to parents, carers or family members who are concerned about their child.

At CWJS, we operate an open-door policy where parents are encouraged to approach the school at the earliest opportunity for support and advice.

All staff at CWJS and our safeguarding governor have up to date safeguarding training. The school also use other sources of information to support this offer of early help.

In line with Keeping Children Safe in Education (2022), the school and staff have carefully considered this offer of Early Help, as follows:

#### The school:

- Use the Jigsaw PSHE curriculum to proactively teach children about how to keep healthy (mentally and physically) and safe (more details provided on page 3).
- Have a termly focus on values and this is a key feature of the school.
- Use the <u>www.glosfamiliesdirectory.org.uk</u> website to access the key documents needed to support early intervention (through My Profiles, My Plans, My Assessments with My Plan + and EHCPs, which identify needs and outcome targets.

The school obtain the voice of the child through:

- 'My Profile' work
- Strength and Difficulties Questionnaire
- GHLL Online Well-being Pupil Survey results and pupil conferencing
- 'Name it to Tame it' conversations
- Completing a 'My Journey'
- 'Time to Talk' sessions

#### The School's Safeguarding Procedures:

All individuals working with children, young people and their families have a duty and responsibility to report any allegations or concerns of a child protection nature, which comes to their attention.

When such a concern is raised staff will:

- Report to the school's Designated Safeguarding Lead (DSL), Mrs Tammi Wainwright or the Deputy
  Designated Safeguarding Leads (DDSL), Mrs Louise Bennett and Miss Emely Margetts
- Log accurately and succinctly the concern and the child's comments on CPOMS, flagging the incident log as a safeguarding concern (yellow lozenge on CPOMS)



Where a child is at risk of harm or we are unsure about how to proceed, contact the Children and Families Help Desk Tel: 01452 426 565 and select option 3 or email <a href="mailto:childrenshelpdesk@gloucestershire.gov.uk">childrenshelpdesk@gloucestershire.gov.uk</a>. Further guidance can be found at: <a href="mailto:https://www.gloucestershire.gov.uk/gscp/">https://www.gloucestershire.gov.uk/gscp/</a>

### Cam Woodfield Junior School's Provision for Early Help



Universal source of help for all families in Gloucestershire:

Gloucestershire Family Information Service (FIS)

FIS also have a website www.glosfamiliesdirectory.or.uk which has a wealth of local information for parents, carers and professionals.

Gloucestershire Family Information Service (FIS) advisors give impartial information on **childcare**, **finances**, **parenting and education**. FIS are a useful source of information for parents and professionals. They support families, children and young people aged 0-19 years of age (25 for young people with additional needs) and professionals working with these families. They can help link parents up with other organisations that might be able to help or provide the information themselves e.g. parents could ask them about holiday clubs in their area.

Contact the FIS by emailing: www.glosfamiliesdirectory.org.uk or telephone: (01452) 427362.

On the Glosfamilies directory home page you will see three areas. The Family Information Directory, which details information on Family Support & Advice, child care, education and things to do in your local community. The local offer, which is a central source of information for Children and Young People aged 0-25 with Special Needs and Disabilities (SEND) and their families in Gloucestershire.

#### **GSCP**

(Gloucestershire Safeguarding Children Partnership)

Website:

https://www.gloucestershire.gov.uk/gscp/

Important information for parents and professionals across Gloucestershire in relation to keeping children safe and avenues of support including early help options.

## Cam Woodfield Junior School's universal support for all pupils and families.

All staff are available in a pastoral capacity should parents have a concern about anything at all. Staff may not have the answer but will try to find out the answer or sign-post parents/carers to other professionals/agencies who will be able to help. In addition to this, the school have additional pastoral support through the Deputy Head/SENDCo and the Pupil and Parent Support Advisor. Parents can contact the pastoral team, teaching staff or Head Teacher via the school office. Staff are available within office hours (9am – 5pm on weekdays during term-time).

### Parent and Pupil Support Advisor (PPSA)

Miss Emely Margetts is the school's PPSA. She works closely with parents/carers and pupils who need additional support by providing:

- Time to talk
- Solution Focused Approach (scaling)
- Bereavement support
- Social and Emotional support
- Referrals to other services to support families: Families First Plus, Teens in Crisis, Foodbank, Young Carers, Winston's Wish, CYPS, Play Therapists, Parenting courses, GDASS, The Door, Trailblazers.
- Working with Cam Woodfield Infant School PSA to support families



#### Working with Rednock Secondary School's pastoral staff

To refer a pupil, in collaboration with the pupil's parents/carers, to the school's pastoral team to address the specific needs of the pupil (please see the school's 'Pastoral Care Policy' for details about the pastoral interventions on offer at CWJS.

### PSHE / SMSC curriculum

The Jigsaw Curriculum is a whole school PSHE curriculum which covers the following topics throughout the academic year.

Term 1 - Being Me and My World

Term 2 - Celebrating Difference

Term 3 - Dreams and Goals

Term 4 - Healthy Me

Term 5 - Relationships

Term 6 - Changing Me

Other specific topics helping pupils 'stay safe' are covered, for example, through the NSPCC 'Pants' resource, 'Anti-Bullying Week' and 'Mental Health Week'.

Relationships and Sex education:

Children in Y3, Y4, Y5 and Y6 have formal Relationships and Sex Education (RSE) through the Jigsaw 'Changing Me' unit.

Gender, identity and tolerance: preventing homophobic and transphobic bullying; preventing bullying of pupils from different types of families (e.g. same sex parents); avoiding anti-gay derogatory language; Gender identity - there isn't such thing as a typical girl or a typical boy and understanding and acceptance of others different than us, including those with different religions are covered through the 'Celebrating Difference' unit.

Drugs: Medicines, Alcohol, Smoking and Illegal drugs are taught through the 'Healthy Me' unit.

Keeping Safe: We receive a visit every 3 years for the NSPCC 'Speak Out Stay Safe' campaign which involves a whole school assembly and workshops with Y5 and Y6. These messages are revisited annually.

#### **E-Safety**

E-safety is a key part of the PSHE/SMSC/SRE/Computing curriculum. PACE (parents against child exploitation) UK is a useful website to engage parents with e-safety issues. <a href="www.paceuk.info/">www.paceuk.info/</a> and CEOP <a href="https://www.ceop.police.uk/">https://www.ceop.police.uk/</a> (Child Exploitation and Online Protection). Parents can visit nspcc.org.uk/online safety for advice for setting up parental controls and understanding social networks.

NSPCC parent workshops take place every 4 years. We recommend the following online booklet to parents:

https://www.nspcc.org.uk/globalassets/documents/advice-and-info/share-aware.pdf

'In the net' drama production visit Y4 on a rolling programme, led by GSCP.



All Gloucestershire schools including Cam Woodfield Junior School are committed to tackling bullying. We want to know immediately if there are any issues with bullying at school so that it can be addressed.  We have an Anti-Bullying Policy' which can be accessed through the school's website.  Every year we take part in Anti – bullying week in November.  A very useful website is the anti-bullying alliance - <a href="http://www.anti-bullyingalliance.org.uk/">http://www.anti-bullyingalliance.org.uk/</a> In serious cases of bullying school staff may need to involve the police.  Other sources of help and advice are: <a href="Gloucestershire Safeguarding Children Partnership https://www.gloucestershire.gov.uk/gscp/">http://www.gloucestershire.gov.uk/gscp/</a> <a href="http://www.bullying.co.uk">http://www.bullying.co.uk</a> <a href="www.onyourmindglos.nhs.uk">www.onyourmindglos.nhs.uk</a> <a href="NSPCC Childline Tel: 0800 1111">NSPCC Childline Tel: 0800 1111</a> (for children) Tel: 0808 800 5000 (help for adults concerned about a child).
Within Gloucestershire locality, Family First Plus teams provide multi agency support for children and families. A phone call to discuss a possible referral is helpful before making a written referral. The school will work with a range of agencies and attend relevant meetings.  The school's pastoral team keep in contact with the Early Help Co-ordinator and Community Social Worker from the Stroud Early Help Team. At these meetings, there is a discussion about the needs of individual families, with the parents' consent.  Early Help Partnership/Families First Plus:  Stroud: stroudearlyhelp@gloucestershire.gov.uk 01452 - 328130
Drugs education is covered in the school Jigsaw PSHE curriculum, under the 'Healthy Me' unit.  There is a 'Drugs Policy' which can be accessed on the school's website. www.infobuzz.co.uk/: Info Buzz provides individual targeted support around drugs & emotional health issues, development of personal & social skills, and information & support around substance misuse.
The school has been awarded the 'Mental Health Champions' awards which recognises the ways in which we support and promote positive mental health. The school has a 'Policy for Mental Health and Wellbeing' which can be accessed on the school website.  Staff are trained to identify signs of those needing support in the area of mental health and know where to access support via the school's pastoral team.  THRIVE is offered as an intervention in school to address Social, Emotional and Mental Health Needs, where interruptions in child development have been identified.  Shorter group interventions are offered to support children with anxiety, low resilience, managing anger and bereavement support. For some children, they are provided with a specific opportunity to talk with an adult on a weekly basis. Referral to a school nurse may also be appropriate.  CWJS is a Trailblazer school, which offers a high level of SEMH support to children and their families, in addition to the pastoral support that the school already have in place.



professionals working with children.
Practitioners can call the CAMHS
Practitioner Advice Line on 01452 894272 between 9am and 5pm, Monday to Friday, excluding public holidays

The Pastoral Lead meets with a representative from Trailblazers on a termly basis to discuss identified children who may benefit from the wide range of support available through Trailblazers (with the consent of parents/carers). This can lead to a referral for support from TIC, Gloucestershire Yougminds Matter or CAMHS.

Information can be sought through the CAMHS Practitioner Advice Line 01452 894272.

Referrals can be made, alongside parents, to TIC (teens in crisis) for talk therapy and Winstons's Wish for bereavement support.

http://www.onyourmindglos.nhs.uk provides young people, parents and professionals with information and advice about mental health issues and where to go for help.

If parents are concerned about the mental health of their child, in an emergency they should seek support via their own GP.

#### Child Sexual Exploitation (CSE)

CSE screening tool (can be located on the GSCP website: ce-screening-tool-jan-2021-v2.pdf (gloucestershire.gov.uk)

This should be completed if CSE is suspected.

Clear information about warning signs, the screening tool and Gloucestershire's multi-agency protocol for safeguarding children at risk of CSE are at Gloucestershire Safeguarding Children Partnership (GSCP) - Gloucestershire Safeguarding Children Partnership

Referrals should be made to Gloucestershire social care and the Gloucestershire Police.

All referrals to go to the Central Referral Unit 01242 247999

Further information: National Working Group (Network tackling Child Sexual Exploitation)

<u>www.nationalworkinggroup.org</u> and PACE UK (Parents Against Child Sexual Exploitation) <u>www.paceuk.info</u>

#### **Domestic Abuse**

The GSCP (Gloucestershire Safeguarding Children Partnership) have published a Domestic Abuse pathway for educational settings which is on the GSCP website. If a child or young person is suspected of living at home with a domestically abusive parent or if a young person has domestic abuse in their own relationship then the usual procedures should be followed and a referral made to the children's helpdesk (Tel: 01452 426565). The response will vary according to the age of the young person so that the appropriate agencies are involved.

The cross-government definition of domestic violence and abuse is any incident or pattern of incidents of controlling, coercive, threatening behaviour, violence or abuse between those aged 16 or over who are, or have been, intimate partners or family members regardless of gender or sexuality. The abuse can encompass, but is not limited to:

- psychological
- physical
- •sexual
- •financial
- emotional

(Source: https://www.gov.uk/domestic-violence-and-abuse, Jul 2015) We will use:



Gloucestershire Domestic Abuse Support Service (GDASS) www.gdass.org.uk or Call the police (999 in an emergency or 101 for a nonemergency situation). or contact any of the national support help lines:

- National Domestic Violence Helpline (0808 2000 247).
- National Centre for Domestic Abuse (0844 8044 999).
- •Men's Advice Line (0808 801 0327).

MARAC Gloucestershire Constabulary: Multi Agency Risk Assessment Conferences (MARACs) prioritise the safety of victims who have been risk assessed at high or very high risk of harm. The MARAC is an integral part of the Specialist Domestic Violence Court Programme, and information will be shared between the MARAC and the Courts, in high and very high risk cases, as part of the process of risk management.

Hope House SARC (Sexual Assault Referral Centre):

01452 754390

Gloucestershire Rape and Sexual Abuse Centre:

01452 526770

#### Female genital mutilation (FGM)

Female Genital Mutilation (FGM) comprises all procedures involving partial or total removal or the external female genitalia. FGM is illegal in the UK and as of October 2015 mandatory reporting commenced. If education staff or other professionals discover that an act FGM appears to have been carried out on a girl under 18 years old there is a statutory duty for them PERSONALLY to report it to the police. For NHS information and signs of FGM: <a href="http://www.nhs.uk/Conditions/female-genital-mutilation">http://www.nhs.uk/Conditions/female-genital-mutilation</a>

.Anyone with concerns about FGM should follow the school safeguarding procedures

## Gender-based violence/violence against women and girls (WAWG)

http://www.gov.uk- home office policy document, 'Ending violence against women and girls in the UK' (June 2014).

FGM (Female Genital Mutilation) is violence against women and girls. Hope House SARC (Sexual Assault Referral Centre): Tel:01452 – 754390 GRASAC (Gloucestershire Rape and Sexual Abuse Centre): Tel:01452 - 526770 There's a 24-hour answerphone service and they'll respond within 24 hours. Or you can use the confidential an anonymous email support service at support@glosrasac.org.uk. The support workers are all women, who are specially trained to work with survivors of sexual violence. They will work with you at your own pace, explaining your options and your rights – and most Importantly of all they will always listen to you and believe you. GRASAC also have really helpful booklets: a self-help guide, a guide for families or loved ones and a guide if you have learning needs.

You can access them on the http://www.onyourmindglos.nhs.ukwebsite or contact GRASAC for a free copy.

