

There are no set instructions or manuals to support parents on how to correctly raise their children, and there is no magic wand that will make the perfect family!



However, there are parenting courses that can help. They provide an opportunity to meet with other parents to talk and problem solve a wide range of issues and subjects related to parenting.

Some parents may be worried about taking a parenting course because they may feel it's a reflection of their **skills as parents. It is not!** The course will help parents improve their relationship with their children.

We know it may seem a bit scary joining a parenting group but once you have taken the first step you will realise how supportive and friendly a group of parents can be!

Parents Plus Children's Programme is a free, evidenced based parenting course promoting confidence, learning and positive behaviour in children run, by Cam Woodfield Schools.

We are hoping to run this popular course online from January 2021.

We would love you to join us online on Thursday afternoons from 12:30 -2:30. A free parenting support book will provided.

Please contact either of the course leaders if you are interested.

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